

# Institute for Professional Excellence Power Skills Series: The Adaptive Thinking Advantage

# A Tactical Upgrade for the AI Era

Stop trying to predict the future. Learn to adapt to whatever future arrives.

In an era where AI is rewriting the rules of work faster than we can keep up, your technical toolkit is on a brutal 18-month expiration cycle, leaving even the sharpest experts scrambling to stay relevant. But here's the real edge: while algorithms evolve, it's your cognitive agility that turns disruption into dominance.

This isn't fluffy theory or endless TED Talks. It's a high-octane, 3-hour workshop that arms you with battle-tested tools to unlearn outdated habits, thrive in chaos, and rewire your brain for relentless reinvention.

Don't just survive the AI revolution, lead it.
Rewire how you think, decide, and
learn—permanently.

After completing this program, participants will be able to:

- Unlearn the professional habits and workflows that are quietly making you obsolete
- Make high-quality decisions with only 60% of the information (and feel calm doing it)
- Neutralize AI imposter syndrome using proven linguistic shifting techniques
- Leave with a personalized daily relearning system so you never fall behind again

Learn more: davenport.edu/ipex/management | 616.233.2589



# **The Adaptive Thinking Advantage Topics**

### **Unlearning**

Unlearn the professional habits and workflows that are quietly making you obsolete.

- Discover why your brain physically resists change (and how to override it)
- Identify and begin dismantling one major pre-AI habit holding you back

### **Comfort in Ambiguity**

Make high-quality decisions with only 60% of the information.

- The 60% Rule in action
- Rapid-fire simulation forcing you to decide fast and right

### **Growth Mindset 2.0**

Neutralize AI Imposter Syndrome using proven linguistic shifting techniques.

- Turn 'I'm not technical' into 'I'm currently learning' in real time
- Gain pocket-sized verbal cues you can use the moment frustration hits
- Build your Personal Agility Roadmap to stay ahead

The world isn't slowing down.

Upgrade your operating system before someone else writes you out of the code.

## **Who Should Attend**

- Leaders who refuse to be disrupted
- High-performers who feel the ground shifting beneath them
- Anyone tired of feeling one software update away from irrelevance

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