

Develop your EQ to further your success.

Emotional Intelligence (EQ)

When you look at the truly extraordinary people who inspire and make a difference, you will see that they do this by connecting with people at a personal and emotional level. What differentiated them was not their IQ but their EQ - their emotional intelligence.

Leaders who have developed a high emotional intelligence are able to facilitate high levels of productivity and collaboration. In this one-day workshop, you will learn to make stable decisions and get results through effective communication by managing your emotions.

Before the course begins, participants will complete the Emotional Quotient™ Assessment to understand how their emotions influence choice and decision-making. Become a leader that can leverage the ability to sense, understand, and apply the power of emotion. Emotional Intelligence can predict high performance at work and drive personal excellence.

After completing this course, you will be able to:

- Utilize EQ to become more self-aware of your strengths and weakness.
- Regulate your emotions in times of tough decisions.
- Effectively communicate in ways that inspire and motivate.
- Tune in to non-verbal cues in ways that will elicit respect.
- Leverage your EQ to minimize conflict that disrupts the workplace.

To learn more, visit or call:

davenport.edu/ipex/management | (616) 233-2589